



MAKING OREGON  
VITAL FOR ELDERS

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## “Gotta Go, Gotta Go, Gotta Go Right Now” Making Your Everyday Practices More Person-Directed

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Oct. 22, 2009

1:00 - 5:00 p.m.

Monarch Hotel, 12566 SE 93<sup>rd</sup> Ave., Clackamas, OR 97015 503.652.1515/1.800.492.8700

Have you ever imagined what it would be like to be a resident in your community who requires assistance to go to the bathroom or is awakened at night to be repositioned?

Sometimes aging services providers become so accustomed to traditional care practices, they don't notice how “unhomelike” they are. Focusing on activities critically important to residents' quality of life, this interactive session will discuss three common care practices:

- **Providing care at night**
- **Helping people to the bathroom**
- **Giving medications**

Participants will have the opportunity to explore their current practices with others and discuss what practical actions they could take to make them more resident-friendly.

**Goal: To help providers see their care practices from the resident's perspective and discover practical and creative ways to make changes.**

Our program will be facilitated by Oregon's own **Joanne Rader**, RN, MN, FAAN, a founding member and board member of the **Pioneer Network**, an organization working to change the culture of aging in America. Joanne is an independent consultant who has worked in the field of long-term care for more than 30 years. She frequently speaks and consults across the country on culture change in long-term care.

Don't miss this opportunity to inspire and motivate all levels of your staff to take a look at your organization's care practices with new eyes as you continue your culture change journey!

**4 Ethics CEUs!**

### Objectives

- To be able to determine where at least one current care practice falls on a continuum from provider-directed to person-directed
- To create a practical plan for how to improve at least one care practice
- To evaluate which practice changes to make based on an assessment of resident impact and staff effort

### Attend the Oct. 22 M.O.V.E. Program: “Making Everyday Practices More Person-Directed”

Name(s): \_\_\_\_\_

Organization: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Fees:  Individual \$20  Organization/Community Fee: \$75 (up to 5 attendees per organization) Scholarships are available.

Visa  MasterCard  American Express Check: # \_\_\_\_\_

Name on Card: \_\_\_\_\_

Card Number: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Cardholder Signature: \_\_\_\_\_ Billing zip code: \_\_\_\_\_

*Cancellations must be received no later than 5 working days prior to the event to be refunded.  
No refunds are possible after that date, but you are welcome to send someone in your place.*

Enclose check (payable to M.O.V.E.) or credit card information with registration form and mail or fax to:

**M.O.V.E., 13500 SW Pacific Hwy, PMB 511, Tigard, OR 97223 or fax (503) 624-0870**

[For questions about registration or more information call: \(503\) 684-3788](tel:(503)684-3788)